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## Press Release

### **New Psychotherapy Services in Mannheim—for Children, Adolescents, and Adults**

**In Mannheim, the waiting time for psychotherapy is between three and six months. Thanks to two new psychotherapeutic outpatient clinics founded at the University of Mannheim, anyone affected—adults as well as children and adolescents—can now profit from additional care services. The ceremonial opening of these outpatient clinics took place on Wednesday, 4 March.**

With a ceremony for both internal and external guests, the University of Mannheim opened its two new university outpatient clinics on Wednesday, 4 March. “This day is of significance well beyond the inauguration of new rooms—it marks a big step in the further development of psychotherapeutic care services in Mannheim and the surrounding area, the expansion of research, and the excellent education of our students,” President Professor Thomas Fetzer said in his speech.

With these newly established outpatient clinics, the University of Mannheim further expands its range of care services, research, and teaching in the field of psychotherapy. They complement the existing outpatient mental health clinic at the Otto Selz Institute of the University of Mannheim.

The treatment spectrum offered ranges from depression and anxiety disorders to eating and personality disorders. It includes services for people of all ages from Mannheim and the metropolitan region. As many as 400 to 600 people with various mental health problems can be treated there per year.

“By opening our university outpatient clinics, we create an important interface between university teaching, research, and psychotherapeutic care,” explains Professor Corina Aguilar-Raab, head of the university outpatient clinic for psychotherapy (individual, couples, family, and group therapy) (Psychotherapeutische Hochschulambulanz für Einzel-, Paar-, Familien- und Gruppentherapie) (EPFG, IN-CARE).

“By combining research and teaching, we offer evidence-based psychotherapy for a wide range of mental illnesses,” adds Professor Tina In-Albon, head of the university outpatient clinic for children and adolescents (Hochschulambulanz für Kinder und Jugendliche, PAM-KJ).

Both clinics are located near Mannheim main station at Willy-Brandt-Platz 1. The university outpatient clinic for psychotherapy (individual, couples, family, and group therapy) is located on the fourth floor, the university outpatient clinic for children and adolescents on the second floor.

The new clinics were founded as part of a reform of psychotherapeutic education in Germany. With this reform, new ways of modernizing education in this field and making it more practice-oriented and science-driven have been established. The two new university outpatient clinics play a central role in this further development.

They are supported by the Ministry of Science, Research and Arts of Baden-Württemberg in terms of funding and infrastructure.

Press photos can be found at: <https://www.uni-mannheim.de/newsroom/presse/pressefotos/>.

More information on the outpatient clinics (in German only):

<https://www.uni-mannheim.de/hochschulambulanz-epfg/>

<https://www.uni-mannheim.de/institut-fuer-kinder-und-jugendpsychotherapie/ambulanz/behandlungsangebot/>

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