Quarantine: Arrival, Accommodation, Groceries, Support

Prepare before your arrival:

- **Make sure to be able to move in right away after your arrival:** For those living in one of the residence halls of Studierendenwerk, make sure to make a move-in appointment with the hall manager during their working hours ahead of time. Studierendenwerk will provide information about how to make an appointment. If you are living off campus, kindly contact your landlord/-lady directly to arrange for your arrival at the accommodation.

- **Register with the local health authorities:** You will need to register with the local health authorities via 31corona@mannheim.de and inform them about your residence in Mannheim as well as your arrival time. You may or may not receive additional documents or further instructions upon your arrival in the Federal Republic of Germany. Please follow additional instructions by the authorities upon your arrival (if any).

- **Take direct transport to your accommodation** after arriving in the Federal Republic of Germany. If you stay in one of the residence halls, Studierendenwerk provides you with directions to your hall.

Once you arrived and during quarantine:

- **General rules that apply during quarantine:**
  Once you arrive, you cannot let anyone else enter your room. You are also not allowed to leave your room for any reason. This includes the communal kitchen in the dorms.

  Should you develop any symptoms of Covid-19 during the quarantine period, you will need to contact Mannheim’s health authorities right away.

Please note that penalties may be imposed for not complying to quarantine rules. In order to avoid this, please familiarize yourself with the rules in place ahead of time and prepare as best as possible. I.e. find a suitable train connection from the airport to your room, make a move-in appointment early on, etc.

- **Connect** with the International Office, Student Ambassadors, Student Helpers, and fellow classmates. We can answer your individual questions, offer support, and help create a virtual community with you while in self-quarantine.

- **Looking for groceries or supplies?** Here are locations close to campus or online that can be contactless delivered to your room - click on the pictures below to go to respective the homepage! Please note the websites are only in German language. You can find a guide in English on how to use the websites attached to our email.
• **Neighbourhood assistance:**
  Different organizations in Mannheim offer neighborhood assistance for purchases.

  - **Bündnis der Jugendparteien Mannheims "Alle für Alle" (Alliance of local youth parties):**
    Mail: alle fuer alle.mannheim@gmail.com
    Phone: 0152 36 97 61 67

  - **Evangelisches Bündnis (Protestant alliance):**
    Website: [https://www.diakonie-mannheim.de/aktuelles-detail.html?ne_id=2766&ev_hide=1&backLink=%2F](https://www.diakonie-mannheim.de/aktuelles-detail.html?ne_id=2766&ev_hide=1&backLink=%2F)
    Lutz Wöhrle
    Phone: 0621 - 7773641,
    Mail: [Lutz.Woehrle@kbz.ekiba.de](mailto:Lutz.Woehrle@kbz.ekiba.de)

  - **youngcaritas Mannheim**
    Phone: 0172 4479613
    Mail: [youngcaritas@caritas-mannheim.de](mailto:youngcaritas@caritas-mannheim.de)

  - **Die Junge Union Kreisverband Mannheim**
    Phone: 0160 92339534
    Mail: [lennart.christ@ju-mannheim.de](mailto:lennart.christ@ju-mannheim.de)

  - **Einkaufshilfe „Hilfe für Mannheim“ organisiert von PRO Waldhof**
    Phone: 01520 4565416
    Mail: [einkaufshilfe@pro-waldhof.de](mailto:einkaufshilfe@pro-waldhof.de)

• **City of Mannheim telephone service in English:**
  [https://www.mannheim.de/de/informationen-zu-corona/info-telefonieme-hotlines-chatbot](https://www.mannheim.de/de/informationen-zu-corona/info-telefonieme-hotlines-chatbot)

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**Need support?**

We are here for you – simply contact the [International Degree Seekings Team](mailto:International Degree Seekings Team) via email.